

FREE

Spring 2024

# Wild Gorse MAGAZINE

Cover: Greenacres Estates | Photograph by Peter Pickford

*Wild Adventures | Epic Stays | Food | Inspirational Living | Wellbeing*

*Spring 2024*

# Wild Gorse MAGAZINE

*Wellbeing  
Wild Adventures  
Epic Stays  
Food  
Inspirational Living  
Events*

*Say hello!*

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[www.wildgorsemagazine.co.uk](http://www.wildgorsemagazine.co.uk)



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Welcome to our 3rd seasonal edition of Wild Gorse Magazine for Spring 2024.

The Spring season is such a captivating time and probably our favourite season of them all. With nature emerging after much hibernation, the blossoming trees, flowers that only reveal themselves during this season like the iconic Welsh Daffodil, snowdrops, tulips and crocus. The light also changes, providing longer days that somehow energise us that little bit more.

To celebrate this very special season, we've got all kinds of wonderful places for you to find your perfect break away, inspirational living ideas, foodie delights, wild adventures, wellbeing tips as well some great events that are coming soon.

Our beautiful Spring cover image is courtesy of the fabulous Greenacres Estates. This incredible photograph of their Luna Cabin is by Peter Pickford, to see more of Peter's work, visit:

**[www.pipickford.myportfolio.com](http://www.pipickford.myportfolio.com)**

Their beautiful cabin was made by Quality Pods Wales. See their amazing craftsmanship at:

**[www.qualitypodswales.uk](http://www.qualitypodswales.uk)**

Don't forget, Wild Gorse Magazine is produced on recycled paper using vivid vegetable inks. So please if you can't pass it on to someone you know will love it, do make sure you recycle it.

If you'd like to be a part of our Summer edition, get in touch today!



Spring is arguably the best time of year to visit the Pembrokeshire Islands, as its coastline explodes in a riot of colours with the blooming of the spring flowers. In addition the cliffs are teeming with visiting seabirds laying their eggs and raising young. What better way to explore and soak up this amazing spectacle than to take a boat trip around the islands.

## *Falcon Boats, discover our incredible shop and boat trips this Spring*

**K**nown for our incredible boat trips, we have combined our booking office with a beautiful gift shop.



Full to the brim with original art and prints, ethical homewares and gifts sourced from makers locally and further afield. The shop has been carefully curated to reflect our love for the local coastline and wildlife. Head to our lovely, calming store on New Street or shop with us online.



There are also our resident porpoises to be seen feeding the tidal waters of Ramsey Sound and Skomer and seals to be found basking on rocks or popping up an inquisitive head to see what we are up to. As we approach late spring we start to venture further afield to Grassholm Island and the Celtic Deep where you will see thousands of gannets, the largest and most magnificent of our seabirds and hopefully encounter dolphins and possibly even whales.



# EXPLORE THE PEMBROKESHIRE ISLANDS OF RAMSEY, SKOMER, GRASSHOLM , THE SMALLS, THE BISHOPS & CLERKS AND MORE.

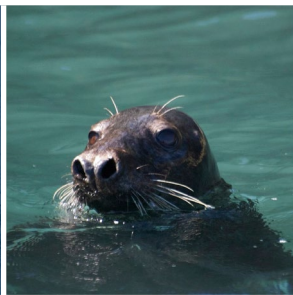
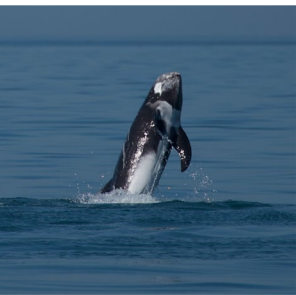


**Experience close encounters with seals, porpoise & dolphin and marvel at cities of nesting seabirds.**



**Discover echoing sea caves, towering cliffs & some of the fastest tidal races in the UK.**

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[www.falconboats.co.uk](http://www.falconboats.co.uk)

# Unleash Your Inner Adventurer

Whether you're a surfer, kayaker, coasteering enthusiast, or simply love exploring the captivating beauty of the coast, our magazine is your essential guide to experiencing the best that this breathtaking region has to offer.

## Venture to Skomer Island for Puffin Encounters

One of the highlights of West Wales is the opportunity to visit Skomer Island, home to a renowned Puffin population. Falcon Boats offer the very best experiences including trips to Skomer.



Experience the wonder of these charming seabirds in their natural habitat, surrounded by crystal-clear

blue oceans.

## Explore the beauty of Blue Flag Beaches

We believe that the best adventures are spent by the beach.



From thrilling surf spots to serene coastal landscapes, there's something for every beach lover in West Wales. Get ready to catch some epic waves at the best surfing beaches. From New Gale and Freshwater West in Pembrokeshire, Llangennith and Langland Bay in the Gower, West Wales is a hotspot for the best. Lets keep it that way, so please remember to keep these beaches as you found them and put your rubbish in bins or take it with you when you leave.



100% natural ✓

Sustainable ✓



No plastic ✓

Zero waste ✓

Kind to the ocean ● Made in West Wales

[www.sixfootandclean.co.uk](http://www.sixfootandclean.co.uk)



## Discover the Beauty of Inspirational Living

At Wild Gorse Magazine, we believe that inspiration can transform your living and work space into a space that truly reflects your personality and values. Join us on a journey of artistic discovery and find inspiration for your own living and work space.

## Find Inspiration in Every Corner

We feature a wide range of art, jewellery, handmade items, and interior design solutions that will ignite your creativity and elevate

your living and work space. Whether you're looking for a unique painting to adorn your walls or a handcrafted piece of jewellery to add a touch of elegance, you'll find it all here.



Create a space or a feeling that reflects your unique personality and brings you joy every day.



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footstools



visit our website  
for a large  
selection of gifts



**ewemoo**



## Tania Wallace JEWELLERY



*Sterling silver jewellery, designed  
and crafted by hand, in Pembrokeshire.*



*All pieces are made from recycled sterling silver,  
making it an ethical choice for your jewellery.  
Commissions available on request.*





# Jill Jones Fine Art



Working Studio and Gallery based in Talbenny, Haverfordwest.

Jill Jones supplies galleries across Wales and has a large selection of originals, Giclée prints and greetings cards available at her studio. Commissions welcome.

**Dog Friendly • Open 7 days  
10am to 3pm**



**Gift Vouchers available from £15 upwards.** All major cards accepted

Jill Jones, West Coast Studio, Talbenny, H'west, Pembs SA62 3XB  
e: [art@jilljones.co.uk](mailto:art@jilljones.co.uk) t: 01437 781386. [www.jilljones.co.uk](http://www.jilljones.co.uk)



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[JillJonesFineArt](https://www.pinterest.com/JillJonesFineArt)

**T**his Spring, we caught up with fabulous West Wales artist Jill Jones to get an insight into her wonderful work and the place that inspires it.

**1. Where is your favourite place to paint?** In my Talbenny studio where I have lots of room and table space to spread out, where I can work on several pieces at once. I'm to-and fro to the sink for brush washing every few minutes, I also like two clean pots of water on the go at all times - something that's a tad hard to maintain if you're outside braving the elements, dodging in and out from the rain, restraining an umbrella, beating off mosquitoes or battling your materials from rolling away/spilling!

**2. When do you enjoy to paint plein air?** Summer plein air is lovely.

**3. What's the most unusual thing or encounter you've had when painting outdoors?** Painting alongside New York artist, Charity Baker last summer, sat on top of hundreds of years old lime kilns and looking out at the sea!

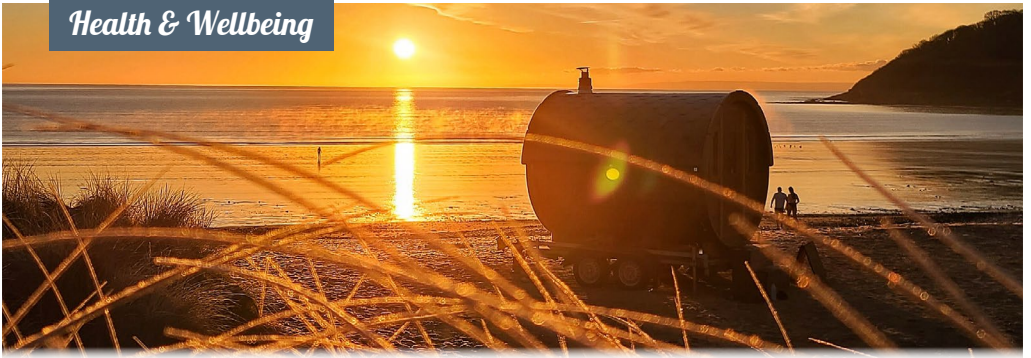
**4. What inspires your art the most?** Seas and skies.

**5. Which beaches do you love to paint more than any other and do you have a particular spot you always love to go back to for instance?** Mostly all my seascapes and beach works are from my imagination these days rather than actual 'locations' so in that way, I'm not tied down to any pre-existing form. It's far more liberating and expansive.

**6. What plant life/species do you like to paint?** My absolute favourite flowers to paint are poppies, they're so lovely and vibrant, whether red, orange or Welsh yellow ones, with forgiving, flowing shapes!

**7. What do you enjoy most about teaching others to paint?** Seeing a complete change in a student's approach.

**8. What are your favourite painting seasons and why?** Spring and Summer are MY seasons, so I absolutely love painting everything!



### **Embrace a Healthy and Balanced Lifestyle**

We believe that good health and wellbeing are the keys to a happy and fulfilling life. From relaxation techniques to outdoor adventures, we are here to guide you on your wellness journey.

Getting outdoors and immersing yourself in nature has a profound impact on your overall wellbeing. Take a break from your daily routine and reconnect with the natural world around you.

### **Discover the Healing Power of Nature**

Nature has a way of rejuvenating and healing us. Whether it's a walk in the park, a hike in the mountains, or a swim in the ocean, make time to enjoy the beauty of the outdoors.

### **Try a fresh seasonal well balanced diet**

Eating well is essential for nourishing your body and boosting your energy

levels. Seek out some healthy recipes to inspire better eating habits, shop local and eat fresh food at its best, in season.

### **Feel the Sand Beneath Your Feet**

There's something truly soothing about being at the beach. Escape to a beach destination and indulge in the calming presence of the ocean breeze and the warmth of the sun.

### **Embrace the calm**

Meditation is a powerful practice for calming the mind and reducing stress. West Wales has some great practitioners who offer all kinds of sessions, including yoga and pilates which are more meditative practices.

### **Recharge Your Mind and Body**

Beach sauna sessions are the ultimate relaxation experience. Let the heat detoxify your body, ease muscle tension, and promote a sense of total wellbeing.



Located on Oxwich Bay beach in the Gower, Swansea, Ty Sawna is a bespoke wood-fired barrel sauna. With ocean views like no other, this breathtaking sauna experience sits up to 8 people.

Warm up and recharge then let the cool ocean be your plunge pool. Relax, socialise and reap the benefits of a sauna in a technology free, meditative space to quiet your mind, connect with nature and soothe your soul!



[tysawna.co.uk](http://tysawna.co.uk)



## Epic Stays



Whether you're all for the home comforts like wood burning stoves and big inviting kitchens or more of cosy under canvas type, there's something for every type of vacationer in our 'Epic Stays' section. From cosy hideaways to big, beautiful farmhouses, elegant and historic to simplistic charm.

A visit to West Wales promises so much. The clearest skies for star gazing nights and the deepest of blue oceans teeming with sea life most would expect to see in far off lands.

Walkers can rejoice with coastal paths a plenty and for those who just love to explore, there are so many incredible blue flag beaches and unique places to visit throughout West Wales, packed with history and glorious architecture.



Log burner Sleekstone Holidays | View from The Hide camp site | Luna Cabin at Greenacres Estates



Turquoise seas at Cwmttydu beach by Dolgoy Cottages | St Davids Cathedral | Solva Harbour

For family time, you time, special times and any other time, book your great escape to West Wales today!





BE A PART OF OUR NEXT EDITION

# SUMMER 2024

If you've got an epic stay, a wild adventure, wellbeing retreats or activities or inspired living solutions, get in touch today to be a part of our Summer 2024 edition. The booking/artwork deadline is the 17th May at 4pm. Full design is included.

Our Summer edition is out from the 3rd June.

[www.wildgorsemagazine.co.uk](http://www.wildgorsemagazine.co.uk)



## CARAVAN & CAMPSITE

ST DAVIDS | PEMBROKESHIRE

Family friendly campsite on a working dairy farm.  
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[WWW.HENDREEYNON.CO.UK](http://WWW.HENDREEYNON.CO.UK)



Wildlife and nature is at the forefront of our minds here at The Hide. Proud to be a Greener Camping Club site, known for its eco-friendly and low-impact camping holidays. We're an off-grid, non-electric site, offering you the chance to fully immerse yourself in nature.

We have 2 Glamping Domes, 4 premium camping pitches which come with their own kitchen shelter, hot shower and compost loo, 3 meadow camping pitches and 3 campervan pitches. Relax and unwind surrounded by the fresh sea air, and clear blue skies. By night, enjoy stargazing whilst sitting around your cosy campfire. You will find us surrounded by tall trees, stunning sea views, and our very own bird hide, set down a quiet lane within the heart of the Pembrokeshire coast national park.

[thehidepembrokeshire.co.uk](http://thehidepembrokeshire.co.uk)

Dolgoy  
Cottages



## *Explore the delights of Cardigan Bay this Spring*

Experience the magic of Spring at Dolgoy Cottages, an ideal retreat to explore the countryside and coastline of Cardigan Bay, which is particularly beautiful at this time of year. Daffodils and snowdrops blossom in the countryside, while colourful clifftop flowers breathe life into the scenic coastal path.

Spend your days exploring the quaint seaside towns and picturesque coves where you may see dolphins, grey seals and other wonderful wildlife. Or, simply relax in our luxury holiday cottages just a mile from the coast as the crow flies. Listen to the dawn chorus in your private hot tub or gaze at the dark starry skies. Cosy up by your wood burner and enjoy the comfort of your ensuite, king-size bedroom.

Play with your dog in the dedicated paddock, glimpse the Red Kites and Buzzards, or spot the wild orchids at the foot of the hedgerows. It's the season to fall in love with the tranquillity of Dolgoy and the beauty of Ceredigion.



Scan the QR code to discover Dolgoy  
Cottages & book your stay

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Dyffryn Conin is a working farm conveniently located between Narberth and the Preseli Hills, a short drive away from beautiful beaches and miles of spectacular coastal path walks.



This comfortable and tranquil accommodation sleeps up to 8 people within 4 spacious bedrooms, it is dog friendly and has a large secluded garden to relax, unwind and dine alfresco.

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[www.dyffrynconinfarmholidaylet.co.uk](http://www.dyffrynconinfarmholidaylet.co.uk)



**A** Spring visit to the peaceful setting of Dyffryn Conin Farm Holiday Let is the perfect way to reset, recharge and marvel in this nature filled working farm.

places to visit and will find plenty of activities available, such as boat trips, surf lessons, stand-up paddle boarding, foraging plus lots more.



*Cattle in the field | Tenby Harbour*

For those who love the comforts of indoor living and those who appreciate the great outdoors, a stay here is the perfect balance. With some great places in close proximity, such as Narberth, Tenby and Pembroke, to mention but a few, you won't be short of

If a relaxation is top of your list, their beautiful gardens in the Springtime offer space and tranquillity for all the family. It's also dog friendly, so your beloved pooch doesn't have to miss out!

Visiting Pembrokeshire in the Spring is the perfect time for nature lovers. From the whitest of sands to wildflowers and trees blossoming. Then there is of course the much loved bird life and an abundance of sea life, often met with rolling hills and the skip of Spring lambs.

The perfect base for your travels around West Wales or simply a place to unwind amongst nature, Dyffryn Conin Holiday Let is a great place to stay for all the family.



## Affordable Luxury in Pembrokeshire

- ✓ Dog Friendly Cottages
- ✓ The Barn Sleeps 4/5
- ✓ The Coach House Sleeps 5/6
- ✓ Fully Equiped Kitchen
- ✓ Log Burner



## Book Early and spread the cost!

Welcome hamper on arrival, free wifi,  
outdoor area with fire pit and lots more!





# Sleekstone HOLIDAYS

## What do you enjoy most about providing accommodation to your visitors?

I spent a lot of time and energy (and a few pounds too) setting up the cottages so that people would be able to experience a touch of luxury when staying with us. One of the things I enjoy most is seeing people's reactions to the cottages when they arrive and hearing the "Oohs and Ahs".

## You've won many awards and are well known for your excellent reviews, but what review stood out to you the most?

Our reviews are amazing – due to our wonderful guests who appreciate what we do. Our guests are our monitors who consistently confirm that we are doing a good job and achieving what we set out to do. My favourite review came from a guest who stayed with her 2 children for New Year 2022, and they returned for Easter 2023; Mum said we are "dream hosts" and her daughter told us that the Barn was her "best get-away yet".

## Describe a perfect stay at Sleekstone?

Good weather. 2 families or groups rent both cottages giving them time together but also their own space; outside space for BBQs which are provided, as are tables and benches for eating al fresco. The family dogs will enjoy the treats we leave for them and the garden is gated so they and any children are safe from the road. Great days on the beach, watersports, a drink at a local pub and maybe lunch; a walk along the cliff top at Marloes followed by a drive to Milford Marina to grab an ice cream while watching the boats on the Haven.

## What are your top 5 places to visit and activities for anyone staying at Sleekstone Holidays?

There is so much here but if I had to choose it would be Pembroke Castle and Carew Castle, Caldey Island, Tenby, Folly Farm and Heatherton activity centre.

## What is your most proudest moment as host and owner of Sleekstone Holidays?

Most definitely winning the Croeso Award in 2023 – only our second trading year!

**BOOK NOW**



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bookings@sleekstone.co.uk



www.sleekstoneholidays.co.uk





**G**reenacres Estates was established from our shared experience and love of hospitality. We have a range of stays in Pembrokeshire that will be perfect for a relaxing getaway. At the core of our business is the belief in providing a warm and inviting “home from home” for a truly unforgettable stay.



Come and experience our enchanting properties and the endless wonders of Pembrokeshire. We look forward to welcoming you soon.

*All of our incredible photographs are by Peter Pickford: [www.pipickford.myportfolio.com](http://www.pipickford.myportfolio.com)  
Our beautiful cabin was made locally by Quality Pods Wales: [www.qualitypodswales.uk](http://www.qualitypodswales.uk)*







*We are Greenacres Estates, a family-run business located in South Pembrokeshire. Consisting of Manor House Apartments within Holyland House and Country Cottages & Cabins in our Greenacres Hideaway. We also cater for Weddings and Events!*

*Find out more about us on our website, or get in touch with our team.*

**Telephone Ruth: 07434 852292 | Email: [info@greenacresstates.co.uk](mailto:info@greenacresstates.co.uk)**

**[greenacresstates.co.uk](http://greenacresstates.co.uk)**

food



## Spring at Bedw From The Farm Gate... Experience the freshness of the season!

**S**pring is here, and so are the bounties of nature. At Bedw From the Farm Gate, we bring you the freshest and most delicious seasonal produce grown right here on our farm as well as locally sourced goods. All of our produce is a true seasonal celebration.

The farm has been in the family for over 100 years. We still farm in a traditional, sustainable, non-intensive way, with the highest standards of animal welfare, to produce the best quality food and produce. We are very proud of our traditional ethical farming methods and our ability to work with and support many other Small Local and British Artisan Businesses.

### Our Shop

Our farm shop is situated in a converted barn at our farm gate, on the outskirts of Llangrannog. Along with our own eggs, meat, fruit, veg and honey, we sell local organic bread, cakes, butter, and yoghurt, flowers, some basic supplies, homeware and gifts. We also have a lovely selection of locally made organic cow and Sheeps milk cheese.

By purchasing from us, you are helping support over 50 local small businesses.

### Spring Lamb in time for Easter

Our pedigree Welsh black cattle are a small,

native and quiet breed, but thrive in the wet and often windy weather. They mature on grass over thirty months, which develops a distinguished and intense flavour. Our Hampshire Down sheep also thrive really well on our lowland pasture, producing succulent, sticky and tasty early spring lamb, hogget and mutton. We also keep Berkshire pigs, egg laying and table birds, duck and chicken. We are proud to announce that we have recently won at the Royal Welsh show for our traditional smoked bacon.



We are now taking pre-orders for our grass fed, Welsh Black beef which is matured on our farm for 30 months and matured in the hook for up to 30 days boxes. We offer this bespoke service on all our beef options from an eighth of a steer, taster box, casserole pack or a specific joint or cut for a special occasion. Lamb and pork boxes are also available. Pre-ordering gives you the opportunity to have your meat posted out overnight fresh instead of frozen. Please see our website or contact us directly to discuss your requirements. We also sell chicken duck and Turkey & cooked meats and will be selling pork pies, cakes and bakes from Easter.





# B E D W

## FROM THE FARM GATE

### LLANGRANNOG



WE ARE A TRADITIONAL  
SUSTAINABLE FAMILY FARM  
producing quality, high welfare, free range,  
pedigree breeding stock, meat, hides  
& blankets from our rare breed animals,  
as well as produce such as eggs & honey.

Our farm shop is in a converted stone building  
~ literally at the farm gate!

We believe in safeguarding nature for future  
generations & in the benefits of small scale  
local production.

C R O E S O !  
W E L C O M E !

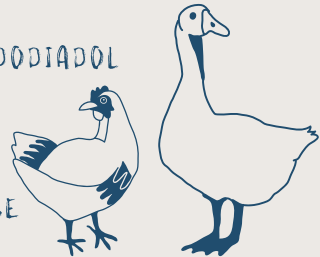


BEDW From The Farm Gate LLANGRANNOG



CYNNYRCH CYNALIADWY TRADDODIADOL  
O'R IET FFERM

TRADITIONAL SUSTAINABLE PRODUCE  
FROM OUR FARM GATE



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food



www.stdavidslandandseafestival.co.uk



# TIR A MÔR

Presents:

## The Really Wild Land & Sea Feast

Join us at The Really Wild Emporium for a feast supper to celebrate our local, wild and seasonal foods

**Saturday 23rd March**  
2 sittings available at 5.45pm or 8.30pm  
£42 per person

Book via Really Wild Website:  
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[WWW.CUDDFANFEASTS.COM](http://WWW.CUDDFANFEASTS.COM)



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A weekend of spellbinding Live Music,  
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Activities for all the family.  
Meadow Camping next to a Picturesque Woodland.

# 23rd - 25th August 2024

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# SHOWCASING WALES & THE BORDERS

## A TASTE OF WEST WALES

### SUMMER FESTIVAL



10AM  
TILL  
5PM

27TH & 28TH  
JULY 2024



CRAFT - FOOD - DRINKS - ART - ENTERTAINMENT  
CREFFT - BWYD - DIODYDD - CELFYDDYD - ADLONIAINT

<http://www.showcasing-wales.co.uk>

 <http://facebook.com/ShowcasingWalesandtheBorders>

 <http://instagram.com/showcasingwalesandtheborders/>

A Taste of West Wales is a much-loved event during the Spring and Summer seasons, held at the magnificent Botanical Gardens in Carmarthen, West Wales.

This wonderful celebration of Spring and Summer has all kinds of amazing art and craft, food, drinks and entertainment spread over two days in April and July. Meet talented artisan makers and producers and immerse yourself in this wonderful celebration of all things Welsh.

Their Spring festival dates are the 27th and 28th April, 10am - 5pm and their Summer event dates are the 27th and 28th of July, again 10am - 5pm.

# SHOWCASING WALES & THE BORDERS

## A TASTE OF WEST WALES

### SPRING FESTIVAL



10AM  
TILL  
5PM

27TH & 28TH  
APRIL 2024



CRAFT - FOOD - DRINKS - ART - ENTERTAINMENT  
CREFFT - BWYD - DIODYDD - CELFYDDYD - ADLONIAINT

<http://www.showcasing-wales.co.uk>

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