

FREE

Summer 2023 | Quarterly

Wild Gorse

MAGAZINE

Wild Adventures | Epic Stays | Food | Inspirational Living | Wellbeing

Summer 2023 | Quarterly

Wild Gorse MAGAZINE

Wild Adventures
Epic Stays
Food
Inspirational Living
Wellbeing

Say hello!

Email: info@wildgorsemagazine.co.uk

Tel: 07530875629

www.wildgorsemagazine.co.uk



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Wild Gorse MAGAZINE

Welcome to the very first edition of Wild Gorse Magazine, Summer 2023.

This is a brand new quarterly publication to celebrate all things inspirational, adventurous and beautiful...where the wild gorse grows.

Born from our love of West Wales and that magical coconut scent of the wild gorse, that never fails to deliver on wonder and remind us that we're somewhere special, our little publication aims to inspire both locals and visitors alike.

We want to help be kinder to our planet, using print that looks after the environment. Wild Gorse Magazine is printed on opaque recycled paper with vivid vegetable ink and its fully carbon neutral.

When you've finished enjoying it, please either pass it on to someone else you know will love it or recycle it.

We hope you enjoy it!

Wild Gorse Magazine | Summer 2023

The West Wales coast is home to some of the most incredible wildlife on earth. A recent visitor to Skomer Island, just off the coast of Pembrokeshire, was none other than broadcaster, biologist and natural historian, Sir David Attenborough, for his 'Wild Isles' documentary for the BBC.

For locals and visitors alike, exploring these coastlines is a thrilling and diverse prospect. A wild adventure in West Wales, wouldn't be complete without a boat trip.

Discover British sea life in their natural wild habitat. From seals and dolphins to porpoises and puffins as well as many other incredible sea birds. See the magnificence of a whale and seek out magical hidden coves that feel a million miles from life on land.

The photo opportunities are endless and a truly unique chance to capture these spectacular species.

What better way to spend your summer, than with a wild adventure or two!

Whilst skipping a boat trip in the summer of 2014, Ffion witnessed a peregrine falcon flying very low over the water. As she continued to watch, the bird fell into the water...

Peregrines, not being seabirds, are unable to swim so Ffion raced across the water, pulled out the drowning falcon, put her in a bucket and took her home (as you do).

It would be worth noting at this point that Ffion has previously worked in a bird hospital and has ample experience with handling and rehabilitating wild birds.

As the months went by, she worked very closely with the female peregrine, now named Hiss, to discover why she had had her initial accident and to bring her up to strength to be released back into the wild.

In early 2016 when Ffion went on to found her company, there really was only one name in mind, Falcon Boats, in commemoration of Hiss the peregrine.

Ffion has worked the waters around Ramsey Sound for over 25 years as a skipper and wildlife guide.

“Ramsey and its waters started off as my playground, later became my office and has lost none of its magic to this day.”

On a Falcon Boat trip there is the potential to see Puffins, Manx shearwater and Gannets by the thousand, Peregrine falcons, Ravens, Common dolphin and the more unusual Risso's dolphin, whales, grey seals, porpoise, colourful and other-worldly jellyfish, and other marine life as well as the stunning coastline of Pembrokeshire and its islands.



This remarkable story drew the attention of author and illustrator Jackie Morris, a close friend of Ffion's, and the book 'Queen of the Sky' was born, in which you can read more about Ffion's relationship with a wild bird, the rehab of Hiss and her eventual release.

They also specialise in running bespoke private charter trips for groups or individuals. These include photography, creative writing, artists' and storytelling trips, as well as trips for special occasions.

Falcon Boats, 10 New Street, St David's, SA62 6SN
Tel: 07494 141764

Email: info@falconboats.co.uk

www.falconboats.co.uk





“Six Foot and Clean evolved from our love of the surfing lifestyle, travelling and living out of vans. Our soap and shampoo bars are designed to be practical for travelling and storage, no more messy bottles leaking all over your kit.

We began in 2007 by producing the very first ever hand made wax in the range then called Hills Organic Surf Wax. This was sold widely across the UK and into Europe, before developing into the specialist wax product today which we are now proud to bring to you as the West Coast Surf Wax range, comprising Base coat surf wax, Cool Water surf wax and Cold water waterwaxes.



These waxes are designed by surfers for surfers.

From start to finish, every bar is hand crafted in our production suite, from mixing and pouring, to wrapping and packing. Every ingredient used is fully sustainable and 100% natural, providing a natural solution to traction, whilst also contributing to less reliance on the use of oil.

You might also like our natural surf wax products.

West Coast Surf wax is hand crafted on the beautiful and wild West Wales coast.

We are independently owned and operated; all our products are created and tested by us.

We also love to surf.... see you out the back!”



100% natural ✓

Sustainable ✓

No plastic ✓

Zero waste ✓

Kind to the ocean ● Made in West Wales

www.sixfootandclean.co.uk

Epic Stays



Whether it's a short getaway or a blissfully long holiday exploring all that Wales has to offer, choosing the right setting and the right venue can be difficult when the choices seem endless, and the inspiration seems lacking.

Here we've selected the very best places to stay, camp and glamp, that we feel inspire, are eco conscious, feel relaxing and are truly epic stays!

Stay under the stars in a beautiful bell tent overlooking tranquil crystal blue waters, get cosy in a thatched cottage which is steeped in history or immerse yourself back into nature on a working farm.

Camp or glamp with distinct festival vibes and plant a tree or two or stay in an architectural marvel that's as inspiring on the inside as it is on the outside!

Get those cabin vibes you've always wanted, staring up at the stars in a wood-fired Swedish hot tub.

Stay in a cosy dog friendly cottage, where a warm welcome awaits you and your four-legged friend doesn't have to miss out.

If you want to stay somewhere different this summer, you've got the best choices right here!

Thatched in Wales.

A beautiful, historic cottage on the Cardigan Coast
Available for holidays & short stays.

www.thatchedin.wales

Trewrach Glamping



Enjoy your holiday in one of our 12 bell tents furnished with a double bed and two singles (or all single beds), suitable for up to four people. Great for families, with larger parties also welcome, such as Wedding parties, Hen night's, Stag night's, Special birthday's etc. overlooking Fishguard Bay.

Email: trewrachglamping.co.uk | Home Tel: 01348 811574 | Mobile 07929951474

Dyffryn Conin | Llandissilio | Clunderwen | Pembrokeshire | SA66 7SS

DYFFRYN CONIN
Holiday Let

Dyffryn Conin is a working farm with exceptional accommodation in the heart of the Pembrokeshire countryside.

Rural and peaceful, conveniently located between Narberth and the Preseli Hills, near to miles of walks and amazing views. Dyffryn Conin is a 20-minute drive from spectacular sandy beaches and miles of Pembrokeshire's famous coastal path walks.

This tranquil property sleeps up to 8 people within 4 spacious rooms, it is dog friendly and has a secluded garden to relax, unwind and dine alfresco.

Email: info@dyffrynconinfarmholidaylet.co.uk
www.dyffrynconinfarmholidaylet.co.uk



We are a community of family run businesses based in Pembrokeshire, West Wales all operating from Dewslake Farm in Lamphey.

Dewslake Camping & Glamping. Large open field camping and bell tent or shepherd's hut options a couple of miles from the coast.

The Rowan Tree Café at Dewslake. On-site licenced café popular with locals and campers serving delicious coffee, cakes, breakfasts and lunches. Keep an eye on social media for live music events and evening openings.

The Growing Wild Festival, a children's festival celebrating music, art and nature. The 4th Growing Wild Festival will be on Saturday 9th September 2023 at Dewslake. An event loved by the local community and involving

many local business, performers and entertainers.

Smoking Axes. A meat smoking bbq and axe throwing business (yes that old combination). Offering 'manly mindfulness' and 'rugged retreats' as well as event catering.

The Tractor Shed. An event venue where we have had aerial hoop displays, live music, weddings and festivals. Events including The Growing Wild Children's Festival, The Grand Corgi Day Out, Camper Van Live Lounge, Ham & Hoop and tree planting.

Ultimately we offer camping and glamping space, activities, music and fun all set in the stunning surroundings of the Pembrokeshire countryside. We are dog friendly and do our utmost to respect the the environment around us.



DEWSLAKE FARM
CAMP | VENUE | GLAMP

Elly: 07885 444251
hello@dewslakecamping.co.uk
www.dewslakecamping.co.uk



Podiau Pendre Pods are situated in the wonderful village of Llanfihangel y Creuddyn, Aberystwyth. Pendre is a sheep farm which is farmed by Tom and Beth Evans and their three children. Creuddyn and Ceunant are located above the farm therefore the outstanding views of the Ystwyth valley will take your breath away! Ceunant is named after the river that travels through the farm and Creuddyn is named after the local village. Both pods have their own unique identities and have everything that you would need for a great get away. They accommodate 2 adults and 2 children/teenagers each have their own hot tub, firepit/BBQ, linen and towels are provided as well as a lovely welcome pack of goodies! The award winning Farmers arms is located two fields away from the Pods which offers a seasonal menu and a great selection of real ales and ciders. A 30 min walk through Pendre Woods will take you to the Halfway Inn – a homely country Pub with great bar meals.

Tom & Beth Evans, Pendre Farm, Llanfihangel y creuddyn, Aberystwyth
T: 07854312623 | Instagram: @Podiau Pendre Pods



An agricultural, tourism, and lifestyle focussed business, located on the outskirts of Haverfordwest, Little Slade Farm is the perfect place to relax, unwind and get back to nature.

With two unique, luxury hand-built cabins, Swedish log fired hot tubs and a bespoke health and fitness retreat run by Clodagh, a Level 4 personal trainer, feel the best you've ever felt, embracing our outdoor fitness sessions. The ultimate reset.

A working farm with spectacular views and just a short drive to the coast, where you'll find many of Pembrokeshire's blue flag beaches, at Little Slade Farm you can fully immerse yourself at our retreat or simply stay for a holiday!

littleslodefarm@gmail.com | 07554 881831
Facebook & Instagram @littleslodefarm

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Dogs welcome



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Disconnect from the world
Park your cares at the door
Rejuvenate your soul
This is YOUR time

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<https://sleekstoneholidays.co.uk/>

Super-comfy beds



Atlantic Rollers



Stunning Scenery



Dreamy sunsets



Cosy up to our Log
Burner on chilly
days and nights



<https://sleekstoneholidays.co.uk/>
07498-218643

See what our guests think of our cottages



"Never have we ever stayed in such
a warm, welcoming, well-equipped
cottage and we've stayed in a
huge number"



The Barn	
5.0	Clearance 5.0
OUT OF 5	Comfort 5.0
Ratings from 3 reviews	Condition 5.0
	Location 5.0
	Value 5.0
100% of guests recommend	Customer Service 5.0



"The Coach House
is the best cottage we have
ever stayed in, and
we've stayed in a few"

"You are a dream host -
it was lovely to meet you"

"We were recommended
this place & it didn't
disappoint"

The Coach House	
5.0	Clearance 5.0
OUT OF 5	Comfort 5.0
Ratings from 4 reviews	Condition 5.0
	Location 5.0
	Value 5.0
100% of guests recommend	Customer Service 5.0



Book your stay **NOW**

<https://sleekstoneholidays.co.uk/cottages/>

Or Call: 07498-218643

to speak to us

Quote: **WildGorse** for 10% off





Green Up Farm is making a positive environmental impact one crop at a time

Toni & Alex Borella, the founders of Green Up Farm, decided to investigate a more environmentally friendly method of producing food.



Toni & Alex at their hydroponic farm | Food at the award winning Blas Restaurant, St. David's | Food at Y Seler Hotel & Restaurant Aberaeron

Established in November 2021, Green Up Farm is Pembrokeshire's first Indoor Hydroponic Farm growing fresh microgreens and other speciality crops. Vertical Farming is seen as an environmentally friendly way to grow food, as it requires little land space and water, leaving more of the outdoors to nature.

Green Up Farm is a zero-waste business, Reuse Reduce and Recycle are its core values. Green Up Farm works with the hospitality sector across West Wales delivering weekly in their electric van, providing their crops in returnable trays, punnets and boxes.

This year they launched their Green Up Range, which includes the Green Up Box which is a special selection of the best and most premium crops including different flavours, colours and aromas. The Green Up Pots, launched last week aimed at the retail sector. Crops will be available in returnable pots and for every pot returned to the retailer, Green Up Farm will donate 5p to charity.

Later this year, they are hoping to expand their range to include Green Up Sea Herbs, Green Up Wild and Green Up Flowers.

"We want to be able to provide the hospitality sector with the best range of produce available all year round. While having a positive impact on our local environment and encouraging biodiversity to thrive" - **Green Up Farm**

Toni & Alex
 WhatsApp: 07869 148 664
 Email: hello@greenupfarm.co.uk
 Website: greenupfarm.co.uk
 Instagram: @greenupfarm

Food

West Wales has a plethora of incredible places to eat, sustainable farms and farm shops and unique foodie hubs where you can enjoy your breakfast, lunch and dinner overlooking the epic views and seas. Read all about some of the very best here and don't forget, for regular news and updates, follow them on their social media pages or visit their websites (where applicable) for further information.



BEDW
 FROM THE FARM GATE
 LLANGRANNOG

WE ARE A TRADITIONAL SUSTAINABLE FAMILY FARM producing quality, high welfare, free range, pedigree breeding stock, meat, hides & blankets from our rare breed animals, as well as produce such as eggs & honey.

Our farm shop is in a converted stone building - literally at the farm gate!

We believe in safeguarding nature for future generations & in the benefits of small scale local production.

CROESO!
 WELCOME!

TRADITIONAL SUSTAINABLE PRODUCE FROM OUR FARM GATE

LLangrannog, Llandysul, United Kingdom, SA44 6AH
farmgatellangrannog@gmail.com | 07968 269180

VAN-Y-MÔR

Breakfast & Brunch
 9am - 2pm

Dinner
 Open every day,
 closed on Wednesdays.
 5pm - 8:30pm

Based at the beautiful Glan-y-Mor Campsite in St. Davids, Van-Y-Môr is a brand new place eat beside the sea. Owner chef Florin, serves fresh, locally sourced ingredients, from breakfast burritos to shawarma wraps with all kinds of amazing fillings, plus lots more. Look out for their weekend specials, serving up all things amazing, like freshly caught crab & lobster rolls!

For regular news & updates, follow them on Facebook @Van-Y-Mor & Instagram @van_y_mor

Competition



Coastal Foraging is led by professional forager, Craig Evans and his faithful Golden Retriever Llew (Welsh for Lion).



Journey along the coast of West Wales where Craig will instil the knowledge of how to discover and recognise the “natural bounty we have on the coast of South West Wales.”

The experience Craig offers is truly unique and incredibly inspirational as well as educational. His expertise and knowledge have been sought out by many and his courses have gained lots of attention by TV crews and even celebrities such as Mary Berry, Ainsley Harriet, Michael Portillo and Grace Dent, plus many more.

Find out more about Craig's coastal foraging courses at:
www.coastalforaging.co.uk

Craig says:

"Since growing up in the semi-rural Amman Valley on the slopes of the Black Mountains of Carmarthenshire, from a very young age I was taught how to pick wild foods such as mushrooms, Wimberries (bilberries), Blackberries, tickle trout and accompany my father to the coast to collect cockles."

Craig covers 150 miles of the South West Wales Coast from Pembrey in Carmarthenshire to St. Davids in north Pembrokeshire and all points in between. However, most courses will take place within 10 to 20 minutes of Tenby/Saundersfoot.

To celebrate the launch of Wild Gorse Magazine, Craig is offering the chance for one lucky reader to win a family voucher for two adults and up to 4 children under the age of 17, (worth a whopping £170) to use for one of his extraordinary coastal foraging experience days.

Discover all kinds of wild delicacies, including shellfish, sea vegetables, crustaceans, clams, cockles, oysters and even marsh samphire, then cook your tasty bounty!

To win simply like our post on our social media pages Facebook or Instagram, share it and tell us why you'd like to win in the comments. Winners will be chosen by the Wild Gorse Team, Craig and of course Llew! This will be announced on Monday 31st July.



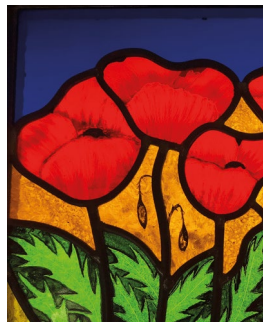


The right aesthetic in any given space can mean so much to our mood, from the colour of our walls to the layout of our furniture, the textures and feel of our textiles and décor, those little things that say this is your space and this is what you love. And this doesn't just stop at home, an office space too can feel inspiring and actually increase work production, when the feng shui has been given consideration.

Feng Shui is "a practice of arranging the pieces in living spaces to create balance with the natural world.", an ancient Chinese tradition.

Art too can hold the key to balance and positivity within any space, it can uplift lift you, spark creativity, transport you to your favourite places or simply make your space feel like home. There is a deep synchronicity between art and wellbeing.

Our 'Inspired Living' section is designed to showcase the creative businesses that are based throughout West Wales, whose products and work can transform any space. From beautiful tactile and vibrant pottery to glorious stained glass and paintings, magical homeware, and interiors to coastal inspired textiles. There is even an interior designer, who can help with your vision for that perfect space. And for those who'd like to create their own works of art, there are some workshops to book too as well as an artisan event!



Cariad Glass – traditional stained glass studio specialising in commissions, restorations, tuition and artisan glass gifts

Cariad Glass,
16 Lincoln Street,
Llandysul,
SA44 4BU

Tel: 01559 362972 | Mobile: 0774 893 6032

www.cariadglass.co.uk

GEMMA GRIFFITHS ART



Originals, prints, cards & commissions available at
www.gemmagriffiths.com



Narberth Pottery

Established by Simon Rich in 1971 it is now being run by his daughter Bryony. The Gallery shows a wide range of decorative and functional ceramics, on most days you are able to watch the Potter at work.

Opening times Wed - Sat 10.30 - 5
Email: bryonyjrich@yahoo.co.uk | Tel: 01834 860732

Narberth Pottery | 2 Market Street | Narberth
Pembrokeshire | SA67 7AX



www.narberthpottery.co.uk



SHOWCASING WALES & THE BORDERS
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10AM TILL 4PM
18TH & 19TH
NOVEMBER 2023

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GREFFT - BWYD - DIODYDD - CELFYDDYD - ADLONIAN

<http://www.showcasing-wales.co.uk>

[http://facebook.com/ShowcasingWalesandtheBorders](https://facebook.com/ShowcasingWalesandtheBorders)

[http://instagram.com/showcasingwalesandtheBorders/](https://instagram.com/showcasingwalesandtheBorders/)

Showcasing Wales and The Borders are delighted once again to bring to you A Taste Wales Winter Festival held at The National Botanic Gardens of Wales.

With over 100 exhibitors from food, drink artisan crafts and entertainment. There will be something for everyone.

Supporting small independent handmade businesses is the whole ethos of our event and each of our talented makers is truly unique.

If you would like to apply to trade at this event please visit our website www.showcasing-wales.co.uk or email hello@showcasing-wales.co.uk



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www.seaforthdesigns.com



Jill Jones Fine Art



Working Studio and Gallery based in Talbenny, Haverfordwest.

Large selection of originals, Giclée prints and greetings cards. Commissions welcome.

Jill Jones supplies galleries across Wales, and also provides art classes booked to order.

**Dog Friendly • Open 7 days
10am to 3pm**

Gift Vouchers available from £15 upwards. All major cards accepted



Jill Jones, West Coast Studio, Talbenny, H'west, Pembs SA62 3XB

e: art@jilljones.co.uk t: 01437 781386. www.jilljones.co.uk

 facebook.com/jilljonesart  [jilljones_art](https://www.instagram.com/jilljones_art)  [@jill_artist](https://twitter.com/jill_artist)  [JillJonesFineArt](https://www.pinterest.com/JillJonesFineArt)

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a Ewemoo foot stool



Ewemoo

Find us at :
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Cardiff International
Food Festival 7th-9th July
Royal Welsh Show
Builth Wells 24th - 27th July
Barry Food Festival 2nd-3rd Sept



www.ewemoo.co.uk

Tel: 07778102238



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Tel: 07778102238



Jill Jones Fine Art

Jill Jones is delighted to have been invited to take part in **Oriel Glasfryn's Summer Exhibition**, which runs from **22nd July to 28th August 2023** at South St, Caerwys, Mold CH7 5AF

Be sure to secure your special piece!

Contact Dave at Oriel Glasfryn (info@orielglasfryn.com) to reserve yours now!



'Night Rocks' £895



'Baydreaming' £695



Jill Jones Fine Art

Gift Vouchers now available!

Treat yourself or a loved one to a **Jill Jones Gift Voucher**, available online or in-studio from £15 upwards



Can be used towards Giclée prints, original paintings, Greetings cards, to book an art class OR to commission your own Jill Jones painting!

Great for Birthdays • Anniversaries • holiday treats or simply anytime!

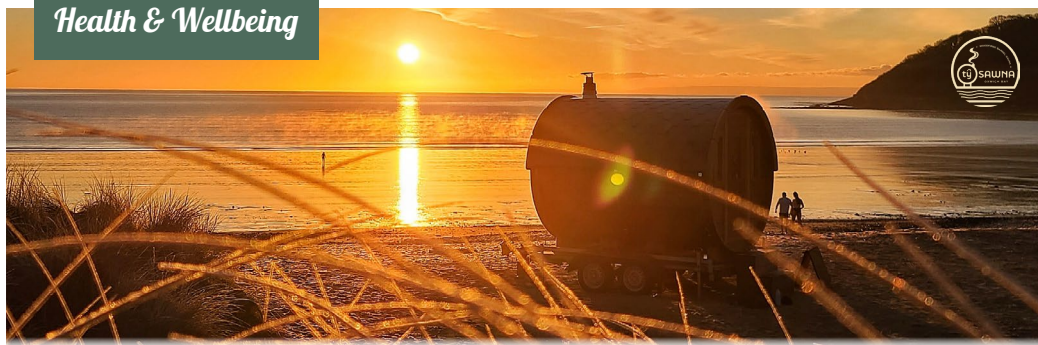
Jill Jones at West Coast Studio, Talbenny, Haverfordwest, Pembrokeshire SA62 3XB

e: art@jilljones.co.uk t: 01437 781386



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www.jilljones.co.uk • t: 01437 781386 • e: art@jilljones.co.uk



Our health and wellbeing hold the key to all kinds of incredible benefits. Living in a world of expectation, juggling careers with parenthood, the race to be the best and succeed in all that we do, we're all guilty of neglecting our mental and physical wellbeing. Time is often that deciding factor, me time or time for more work?

Recent studies have shown that exercise and rest not only aid physical health but mental health too. Even more powerful than that, 'Green Exercise' and the environment in which you unwind and exercise, play an important factor too. Many of us understand the power of the great outdoors, that feeling of peace and being at one with nature and there are some truly incredible West Wales businesses out there who understand this too.

In our dedicated section for health and wellbeing, you'll find some truly inspirational places to relax, rewild,

unwind, get fit and stay in the most beautiful spaces. Retreat and be your best self!

Try a coastal sauna overlooking the ocean, some complementary therapies in a unique space of true zen, get back to nature on a working farm where you can stay, chill get nutritional advice and get fit or indulge in the ultimate country spa experience like no other!

For those exploring West Wales, what better way to do it than through the unique offerings of some of the greatest, innovative down to earth folk our Welsh lands have to offer!

Katie Welsford | Noddfa Therapies

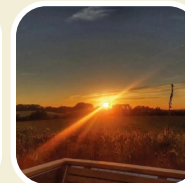
Noddfa, Pembrokeshire, SA43 3BP



Katie Welsford P.G.C.E, BA (Hons), VTCT, FHT is a complementary therapist who runs her practice from her space called Noddfa on the Pembrokeshire coast. Noddfa is a Welsh word meaning a haven, a place of welcome & peace.



T: 07984 723865 | www.katiewelsford.com



littleslodefarm@gmail.com | 07554 881831
Facebook & Instagram @littleslodefarm



Located on Oxwich Bay beach in the Gower, Swansea, Ty Sawna is a bespoke wood-fired barrel sauna. With ocean views like no other, this breathtaking sauna experience sits up to 8 people. Warm up and recharge then let the cool ocean be your plunge pool. Relax, socialise and reap the benefits of a sauna in a technology free, meditative space to quiet your mind, connect with nature and soothe your soul.

tysawna.co.uk

An agricultural, tourism, and lifestyle focussed business, located on the outskirts of Haverfordwest, Little Slade Farm is the perfect place to relax, unwind and get back to nature.

With two unique, luxury hand-built cabins, Swedish log fired hot tubs and a bespoke health and fitness retreat run by Clodagh, a Level 4 personal trainer, feel the best you've ever felt, embracing our outdoor fitness sessions. The ultimate reset.

A working farm with spectacular views and just a short drive to the coast, where you'll find many of Pembrokeshire's blue flag beaches, at Little Slade Farm you can fully immerse yourself at our retreat or simply stay for a holiday!





Scolton Country Spa offers a unique rural spa experience that makes the most of beautiful Pembrokeshire.

Whether you are local or on holiday, our rustic day spa is the perfect place to relax and unwind, surrounded by fields, woodland and wildlife.

You'll reap the benefits of our unique facilities – including outdoor vintage tin tubs, cold drench bucket showers and cedar barrel hot tub.

And you'll also enjoy all the features you'd expect to see, such as the indoor swimming pool, sauna and steam room.

Our indulgent treatments – ranging from massages, manicures and pedicures to facials, soaks and scrubs – are carried out by an expert team of therapists and will leave you feeling relaxed, refreshed and energised.

We've also put together a wide range of spa days and packages, to provide a complete spa experience for every taste.

And what better way to top off your day than a bite to eat and a drink? The spa's 'Cowshed Kitchen and Bar' offers light refreshments and sweet treats, as well as a range of locally sourced gins, craft beers, ales and ciders.



Find out more:

- www.scoltonspa.co.uk
- info@scoltonspa.co.uk
- 01437 732851



www.scoltonspa.co.uk

Scolton Country Spa | Scolton Home Farm | Bethlehem | Haverfordwest | Pembrokeshire | SA62 5QL



Wild Gorse MAGAZINE

If you enjoyed our first edition of Wild Gorse Magazine and you're a relevant business in West Wales creating Wild Adventures, providing Epic Stays, Foodie extraordinaires, purveyors of inspirational living or a Wellbeing expert, get in touch to be a part of our next edition, due out in October.

We're also really interested to here from businesses who are environmentally conscious and all things outdoorsy!

We want to celebrate all the great things West Wales has to offer so if you've got a great story, let us know.

Big thanks to each and every contributor to this first edition and big thanks to you the reader! Don't forget to follow all of the amazing people involved in this edition on their social media pages, your support helps them to thrive.

Don't forget this magazine is made from recycled paper so recycle me or pass me on to someone else who you know will love it!

T: 07530875629

E: info@wildgorsemagazine.co.uk

Wild Gorse Magazine | Summer 2023


FREE

Autumn/Winter 2023 | Quarterly



Wild Gorse MAGAZINE

Wild Adventures | Epic Stays | Food | Inspirational Living | Wellbeing



GROWING WILD FESTIVAL 2023

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WEEKEND CAMPING AVAILABLE

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FACEBOOK: GROWINGWILDFEST

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9TH SEPT
10AM-10PM

SAM